

Devin J. Okay, D.D.S., P.C.
Kristen M. Gratzel, D.M.D.
Robert M. Gabrielli, D.D.S.

POST – OPERATIVE INSTRUCTIONS (EXTRACTIONS)

It is important to take the antibiotics as prescribed until finished.

Continue to bite on the gauze for 1 hour following the procedure. You can replace the gauze with a fresh piece as needed.

It is important not to eat until the anesthesia has worn off completely to avoid severely biting your tongue, cheek and/or lip.

After the anesthesia has worn off avoid chewing on the side of your mouth where the extraction was completed for several days.

Soreness and discomfort are expected following extraction and may continue for several days.

Slight bleeding may continue for several hours and can last until the following day.

Slight swelling and bruising may occur up to several days following the procedure.

Continuing the prescribed pain medication for the duration of soreness is recommended.

Avoid for 24-48 hours:

- ◇Rinsing
- ◇Smoking
- ◇Drinking through a straw
- ◇Extremely hot foods and beverages
- ◇Eating Spicy or acidic foods

Normal oral hygiene schedule should commence the night of the procedure however, avoid brushing and flossing the area of the extraction and rinse very gently. Slight bleeding and soreness may occur during brushing and flossing.

Sincerely,

Devin J. Okay, D.D.S., P.C.
Kristen M. Gratzel, D.M.D.
Robert M. Gabrielli, D.D.S.
Lisa O'Sullivan, R.D.H